

Worksheet



**Use these pages as
prompts for writing in
your journals!**

Step by Step

A ring to wear as a reminder to this Special Intimate Event

Write Your vows from each perspective of Self, written into your Magick Epistle Book

Take a salt bath, pamper yourself with grooming and clothes

Clean your home

Set up an altar with your ring, candles, a mirror, crystals, flowers & your Magick Epistle Book

Prepare a dinner or gorgeous delightful favorite snack for after

Set the ambiance with cleansing the space, lighting the candles & turning the music on

Vow Outline

Call all parts of self to be present, any ancestors, angels or guides you wish present

Look in the mirror and:

Say your vows, speaking as the Present Self and

Promise to Past & Future Self

Say your vows, speaking as the Future Self and

Promise to Present & Past Self

Say your vows, speaking as the Past Self and

Promise to Present & Future Self

Place the ring on your finger & sign (date/time stamp) your Magick Epistle Book as your witness

